



COMING EVENTS

AUGUST

WEDNESDAY 21st
Assembly E4/E5 2:12

THURSDAY 22nd
P&C Meeting 2pm

WEDNESDAY 28th
Book Week Character
Parade 9am

FRIDAY 30th
P & C Fathers Day Stall

SEPT

WEDNESDAY 4th
Faction Carnival
(Jumps, Throws, Long
Distance)

FRIDAY 6th
Faction Carnival
(Sprints, relays, team
events)

TUESDAY 17th
Waste Free Lunch

THURSDAY 18th
Interschool Carnival
(Jumps, Throws, Long
Distance)

FRIDAY 20th
Interschool Carnival
(Sprints, relays, team
events)

WEDNESDAY 25th
Assembly W3/W4 2:12

THURSDAY 26th
Lunchtime Disco

FRIDAY 27th
Last day of Term 3

HAPPY KIDS EXPO

Last Wednesday we had a fantastic Happy Kids Expo. Thanks to our Happy Kids student leaders who assisted on the day with activities around healthy eating; relaxation; sustainability; inspirational posters and a musical activity. This was followed by a belly-dancing activity for the whole school. Please ask your children about the key messages they learnt from the day. Great job Miss Brockman on organising the Expo.

CROSS COUNTRY

Students from Years 1 to 6 participated in our school cross country challenge on Thursday that contributes points towards the Faction Carnival. I really like the way that everyone had a go and set themselves a challenge by completing the course and doing a personal best. Well done Mrs Keunen for keeping us active.

SPORTING CARNIVALS

Over the next couple of weeks, students will be practising for our Athletics Carnival during fitness, sport and PE lessons. It is also a time to encourage persistence and that "have a go" attitude. We look forward to a great community day on Friday 6th September.

STEM 10

You may have noticed that one of our light posts near the undercover area has suddenly morphed into a giant beanstalk. This is part of 10 days of STEM activity where we encourage students to think creatively and to problem solve.

BOOK WEEK PARADE

The annual Book Week Parade will be on Wednesday 28th August. This year the theme is *Reading is my secret power*. Think about some ideas and make the costumes with your children. The important aspect of Book Week is encouraging children to read.

PARKING

Please remember to be extra careful during drop off and pick up time. Students can be distracted for a minute with serious consequences. During the school zone, please park only in car parks (no double parking) and drive very slowly, watching out for our students. Thank you for helping keep children safe.

ATTENDANCE

On the last page of this newsletter is a table showing the impact of arriving late or taking time off each week. Please keep children home if they are sick but otherwise they should be at school learning. We want all our students to be able to reach their potential and the main way they can do this is by being at school.

Louise Nielsen
PRINCIPAL





P&C ASSOCIATION NEWS



Bunnings Sausage Sizzle

Save the date, Saturday 14th September. Roseworth P&C have been invited by Bunnings Balcatta to hold our annual sausage sizzle. We are always in need of extra hands, as we all know our sausage sizzles are just damn good! A request for volunteers will be sent home in the next month. If you're unable to volunteer on the day, pop down to Bunnings Balcatta and say hi and grab the family a meal.

By volunteering to help at P&C events, you are eligible for Roseworth Points. These points are then converted to Roseworth Dollars.

Entertainment Book Fundraiser

The Entertainment Book is full of up to 50% off and 2 for 1 offers for many restaurants, cafes, attractions, travel, hotels and much more. You can purchase a hard copy book or a digital membership which you can use from your smart phone. Entertainment Book hard copy or digital memberships are \$70.

\$14 from the sale of each membership is donated back to Roseworth P&C.

Digital Membership and credit card (VISA & MasterCard) purchases can be made

at www.entbook.com.au/9342r51

Cash payments for hard books can be made at the Canteen or Uniform Shop.



FACTION CARNIVAL



Friday 6th September

From 8am

- * Hair Colour Spray \$2
- * Zinc (face) Painting \$1

*** behind the canteen ***
Roseworth P&C

Please bring along hats and sunscreen,
Chair/blanket for comfort

Canteen Cafe

- * Lunch Orders (students only)
- * Recess/Snack Items
- * Hot & Cold Drinks \$2
- * Hot & Cold Food Available
 - Sausage sizzle \$3
 - Hamburgers \$4
 - Sandwiches/Rolls \$4



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ROSEWORTH P&C

Father's Day

STALL

FRIDAY 30TH AUGUST

Gifts Range \$2 - \$5

Children may purchase a gift for Dad, Grandad, Pop or Carer

All students will attend stall with their teacher/class

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Kindergarten



*** Enrolments for Kindergarten are now open!**

If your child is turning 4 before 30th June 2020, then Roseworth Primary School would like to invite you to come and see us to enrol your child for Kindergarten.

Application forms can be obtained online at Roseworthps.wa.edu.au

OR
in person at
Roseworth Primary School

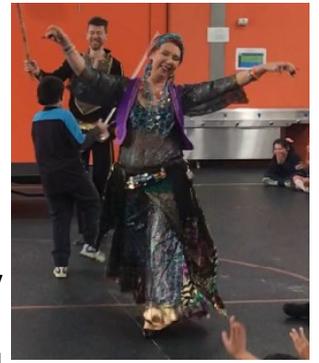


HONOUR CERTIFICATES & AWARDS

ASSEMBLY: 3rd July 2019

E2	Mervyn C, Eh The Dah	W3	Cody P, Shaye W
E3	Zaineb A, Rebecca C	W4	Rick C, Heath H
E4	Phoebe N, Keith G	W7	Taleesha L, Shaun L
E5	Jay S, Zayrell S	E1	Anthony N
W1	Benji T, Jake M	W5	Connor W
W2	Levi S, Taliyah M	C1	Wal D
W9	Christopher D	LOTE	Taleesha L

Happy Kids Expo



Last Wednesday we had our annual Happy Kids Expo and a great day was had by all. The students were involved in five workshops in the morning – Healthy Eating (Sugar Free focus), Relaxation, Inspirational Posters, a Musical workshop and a Sustainability workshop. All students were well behaved and enjoyed the day immensely. Our Happy Kids (a group of Yr 6 students) were fabulous leaders and navigated their groups around the morning sessions with confidence. It was wonderful to see the multi-aged groups working together so well. During the afternoon we all enjoyed a demonstration of Bellydancing which was a lot of fun. Both the staff and the students got bellydancing in the end and we saw some great moves happening. All in all we had a great day and the activities helped to develop our resilience, confidence, persistence, organisational skills and getting along skills – All values we hold in high esteem at Roseworth PS.



The Happy Kids music session certainly bought plenty of smiles. The intense djembe drum beats floated across the entire school!



Our sustainability activity had us making 'sustainable Spoony'. He is a friend for Forky from Toy Story 4, but he is made from materials that are more sustainable and plastic free!

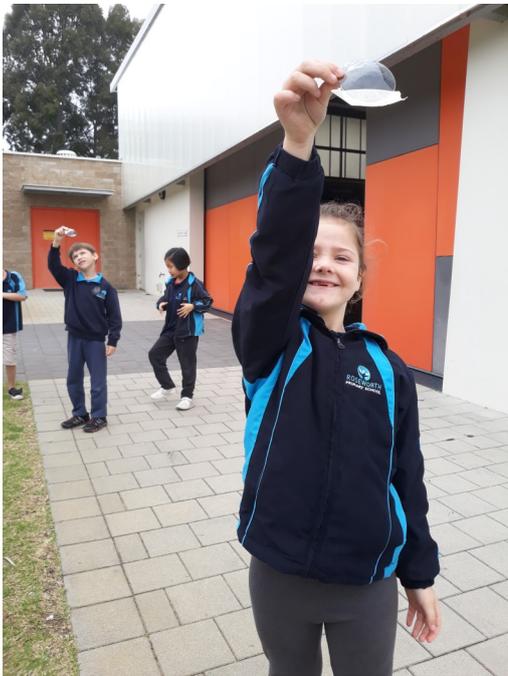
REMINDER:

Book Week Character Parade - Wednesday 28th August

Its that time again! I hope you have your costume ideas ready. Our Book Week Parade is coming very soon and we can't wait to see all of your favourite book characters.

STEM HUB

We have had the opportunity to participate in STEM Professionals in Schools through the CSIRO and have Mr Geoff Kaye come and work with our students. He worked with E5 and W1 in Week 1 with a hands on investigation into the effects of UV rays from the sun on our skin. Mr Kaye be will attending STEM Club on Thursday morning to challenge and build students skills in coding the Sphero robots.



Art

We have had lots of fun in the Art Room so far this term playing and creating with clay. Students have practised their skills of pinching, rolling and making coils. They have all created a beautiful piece that is now waiting to be fired and glazed later this term.



Kindy

Some of our Kindy 2 girls are having a blast playing princess on our fort.





Winter Sports Carnival - 28th June

All teams played hard and with great sportsmanship throughout the entire day. Everyone came away with smiles and a few wins.

We had a great day and all the teachers are so very proud of each and every student who represented Roseworth PS today and over the course of the home and away season. The results were: 3rd Netball A, 3rd Netball B, 4th Footy, 4th Soccer. Bring on Winter Carnival 2020!



Faction Cross Country - 8th August

Thursday 8th August saw the students participate in our school Cross Country. The students in Years 1 and 2 ran 600m, Years 3 and 4 ran 1km and the 5s and 6s ran 2km.

It was a very successful Cross Country with all students completing their event. Each student who completed their race earned their faction a point and the top 10 earning extra points- 11 points for first and working back from there. All the points awarded will go towards the faction shield that will be awarded in Week 7 after the Faction Carnival.

The results for the day saw Banksia coming out victors with Acacia and Wisteria come in equal second. Thanks for all the support from the parents who came to cheer on their children and factions. A big thanks to the staff for their assistance and enthusiasm on the day.





DRINKS AND HEALTHY TEETH

Sugary drinks help to make many of life's moments sweeter. **But** having sugary drinks, often or in large amounts, increases the risk of tooth erosion and dental decay.

What can go wrong?



Sugar & Dental Decay

Plaque acid from too much sugar too often can, overtime, lead to dental decay.



Acid & Tooth Erosion

Acids in drinks can soften and wear away tooth enamel (top layer of tooth).

Making Healthy Choices

The World Health Organization recommends that we should have **less than 25g** (6 teaspoons) of "added" sugar daily.

Look for this Nutritional Information on the drink label.

Compare the amount of sugar in the per 100ml column with the table below. **1 teaspoon = 4g**

NUTRITION INFORMATION	
SERVING SIZE	AVE. QTY. PER 100ml
375ml	
ENERGY	195kJ (47Cal)
PROTEIN	4.9g
FAT, TOTAL	0.5g
SATURATED CARBOHYDRATE	0.3g
TOTAL SUGARS	5.5g
SODIUM	5.4g
CALCIUM	180mg

Best Choice (100ml)	Choose Carefully (100ml)	Poor Choice (100ml)
Less than 4g	4-16g	More than 16g

Tips to keep a healthy smile

- Drink tap water when thirsty
- Milk and mineral water is fine so long as it is plain
- To help prevent tooth erosion, limit the consumption of acidic drinks and drink:
 - ▶ cold
 - ▶ through a straw
 - ▶ with a meal and a glass of water
- Wait at least 30 minutes before brushing after drinking acidic drinks because the tooth enamel is softened
- Brush twice a day with fluoride toothpaste, and spit, don't rinse after brushing
- Have regular dental check-ups



Tap Water ✓

Tap Water is best. It is sugar free, non-acidic, and has fluoride, which helps strengthen and protect teeth.



Milk ✓

Plain milk is best. It has natural sugar, is non-acidic, and a good source of calcium and other important minerals. Milk is a food, so drink in moderation to make room for other nutritious food.



Fruit Juices

Fruit Juices contain natural sugar, are often acidic and put teeth at risk of erosion and dental decay. It is much healthier for our bodies to eat the fruit for the fibre.



Soft drinks, sports and energy drinks

Are acidic, high in sugar and increase the risk of dental decay, tooth erosion and obesity. Diet drinks have no sugar but are still acidic.

Did You Know?

Soft drinks don't have the good nutrients needed to keep our bones strong





Roseworth Dental Therapy Centre

Dental Appointments at Dental Therapy Clinic

A gentle reminder to parents that if you have received an appointment letter in the mail, parents are expected to collect their child from class and attend the dental appointment with them. If the appointment is unsuitable, please contact the clinic to arrange an alternate appointment.

At this appointment parents can speak with dental staff to discuss treatment recommendations etc. Also parents can request dental staff collect the child for any treatment appointments once permission has been granted by parents.

Dental Staff cannot collect your child without your expressed permission.

If you wish to discuss this with dental clinic staff, please call 9342 4657.

You wouldn't eat 16 teaspoons of sugar - *so why drink it?*



youtube.com/user/VACCHOinc
rethinksugarydrink.org.au



Voluntary Contributions

Did you know that voluntary contributions for 2019 are now due? All contributions are used for the direct benefit of the children.

We are very grateful to everyone who supports the school in this way.

The office has EFTPOS facilities to assist you in paying your school fees and charges.

Making parenting easier Dads, mums, grandparents and carers invited to the Positive Parenting Program



Come along and learn practical, positive and effective ways to make parenting easier and help your child achieve their best at school and in life.

Attend one, any or all sessions.

Date: Thursday 22 August, The Power of Positive Parenting
Thursday 29 August, Raising Confident, Competent Children
Thursday 5 September, Raising Resilient Children
Time: 5.30-7.30PM
Venue: Child and Parent Centre – Roseworth, 1 Stoke Court, Girrawheen.
RSVP: 20 August 2019, telephone 9342 6363.

roseworthcpc@thesmithfamily.com.au

Supported by:



In partnership with



WANNEROO BASKETBALL ASSOCIATION
SATURDAY 7 SEPTEMBER
HBF ARENA CLUBROOMS / 9-11:30AM



PREPARATORY CLASSES FOR PRIMARY AND MIDDLE SCHOOL STUDENTS

For age 10years and above

Room ES2.059A Environmental Sciences Building
Murdoch University South Street Campus

Classes commence second week each school term
Students may start any time

Preparatory Chemistry Thursdays 4.30 – 6.30pm

Students are introduced to problem solving and when older are able to study the *Open University Australia* subject **Introduction to Chemistry**. Students also have the opportunity to train for the **Australian Science Olympiads Examination for Chemistry**.

<http://media.murdoch.edu.au/chemistry-pupils-make-top-21-in-australia>
<http://media.murdoch.edu.au/bright-minds-bound-for-russia>
<http://media.murdoch.edu.au/chemistry-success-an-olympic-feat>

Cost: \$199/student/term

Preparatory Mathematics Fridays 4.30 – 6.30pm

Students consolidate their Arithmetic and are introduced to Algebra, Geometry and Trigonometry.

Cost: \$199/student/term

Preparatory Physics Mondays 4.30 – 6.30pm

Students wishing to study Physics must first study Mathematics.

Cost: \$199/student/term

All subjects require a scientific calculator

To enrol and obtain registration forms please contact:
Adjunct Professor Jennifer Searcy

Email: j.searcy@murdoch.edu.au or Phone 0427 86 4740

Early payment to Murdoch University cashier is essential

Postal address for payments

The Cashier, Attention C Bathols, Murdoch University, South Street, Murdoch WA 6150
Payment may also be made online: <https://payments.murdoch.edu.au/PrepCourses>

Bottled water is permitted in classrooms

ALL WASHED UP

MARINE DEBRIS BECOMES ART

Celebrate **Keep Australia Beautiful Week** (19 to 25 August 2019) with the City of Wanneroo as we clean-up and get creative!

<p>Yanchep Beach Lagoon Saturday 17 August 2019 9.30am to 11.30am Run in collaboration with Tangaroa Blue. Meet at the Lagoon Beach, the more the merrier. Free sausage sizzle at the SLSC for participants.</p>	<p>Quinns Beach Saturday 24 August 2019 9.30am to 11.30am Run in collaboration with Sea Shepherd. Meet on the grassed area in front of Portofinos. Free sausage sizzle at the SLSC for participants.</p>
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11.30am to 1.30pm (both events)
Makers' workshop with artist Claire Davenhall in the Yanchep SLSC and the Quinns Mindarie Community Centre. Turn found objects into artwork and take home what you create.

Enquiries: 9405 5913 | wanneroo.wa.gov.au

FREE and all welcome ...



FREE Flu Vaccinations for At-Risk Children

The Stan Perron Immunisation Centre at PCH is currently providing free flu vaccinations to at-risk children.

To find out if your child is eligible to receive the free flu vaccination at the Stan Perron Immunisation Centre contact Perth Children's Hospital on 6456 2222 and ask for the Stan Perron Immunisation Centre, they will then be able let you know.

The Stan Perron Immunisation Centre operates from 8.30am to 4pm Monday to Friday and is located in Clinic D on Level 1 at PCH. No appointment or referral is required for patients, families and visitors to attend the centre. A dedicated flu immunisation nurse is available Monday to Friday (excluding public holidays).

Care for children, young people and families



ATTENTION YEAR 6 STUDENTS!

Have you submitted your enrolment package?

Warwick Senior High School still has limited places available for the following programs in 2020:

Academic Extension Program

The program offers extension work and activities that are embedded in the teaching and learning programs, to accelerate and challenge students to achieve beyond their limits.

Dance Elite Program

The program provides a unique way for students to experience an intrinsic sense of enjoyment and personal achievement through expressing and challenging themselves physically.

Music Elite Program

Tuition in drums, bass, guitar and vocals is available. Students studying through IMS (Instrumental Music School) are welcome to continue with their chosen instrument. Beginners are welcome.

Specialist Netball Program

Warwick SHS is one of only 4 schools in WA that offers a Specialist Netball Program. The program is endorsed by Netball WA and the Department of Education.



Additional trial and audition dates are:

Program	Date & Time	Venue	Contact
Academic Extension Program (AEP)	Monday 19 August 3.15 pm - 4.40 pm	Warwick SHS - Library Assemble on front lawn (north area)	Sarah Miller
Specialist Netball Program	Tuesday 20 August 2.00 pm - 3.00 pm	Warwick Stadium (cnr of Warwick & Wanneroo Road) Assemble in foyer	Brianna Barber
Dance Elite Program	Tuesday 20 August 3.15 pm - 4.15 pm	Warwick SHS - Performing Arts Centre Assemble in gym foyer	Janne Nolan
Music Elite Program	Interviews running through Week 4-5, August 12 - 23	Warwick SHS - Music Room Contact Milly.Bagrowski@education.wa.edu.au to book an interview for your child.	

An Independent Public School

Winner - WA Governor's School STEM Award 2018

Winner - Australian Education Award - STEM Program of the Year 2018

Winner - WA Education Awards - Beginning Teacher of the Year 2018



Warwick Senior High School

355 Erindale Rd, WARWICK WA 2024 | 08 6240 4400

www.warwickshs.wa.edu.au | warwick.shs.enquiries@education.wa.edu.au

Does attendance matter?

1 or 2 days a week doesn't seem like much but...

If your child misses...	That equals...	Which is...	And over 13 years of schooling that's...
1 day every 2 weeks	20 days per year	4 weeks per year	Nearly 1 ½ years of school
1 day per week	40 days per year	8 weeks per year	Over 2 ½ years of school
2 days per week	80 days per year	16 weeks per year	Over 5 years
3 days per week	120 days per year	24 weeks per year	Nearly 8 years

How about 10 minutes late a day? Surely that won't affect my child?

He/she is only missing just...	That equals...	Which is...	And over 13 years of schooling that's...
10 mins per day	50 mins per week	Nearly 1½ weeks per year	Nearly ½ year
20 mins per day	1 hour 40 mins per week	Over 2½ weeks per year	Nearly 1 year
30 mins per day	Half a day per week	4 weeks per year	Nearly 1 ½ years of school
1 hour per day	1 day per week	8 weeks per year	Over 2 ½ years of school

EVERY DAY COUNTS

If you want your child to be successful at school then,
YES, attendance does matter!

